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<https://familytrauma.mykajabi.com/disrespect>

Agenda

Stopping Extreme Disrespect: Family Trauma Solutions

Date: Friday, August 25th, 2023

Time: 9:00 am to 12:00 pm EDT

3.0 CE Credit Hours - CE credit from ASWB and NBCC included

9:00 am – 10:00 am
(1.0 hr.)

Top 7 Reasons for Extreme Disrespect that is Fueled by Family Trauma?

1. An Upside Down Hierarchy and Imbalance of Love and Limits
2. Parent Abuse or Teen Terrorism: How Kids Use it to Their Advantage?
3. Interactional Trauma: It Fans the Flames of Disrespect and Unhealed Wounds
4. Skills Deficits in Troubleshooting and Delivery
5. Extreme Disrespect Damages or Destroy Parent-Child Attachment
6. A Sense of Entitlement with No Self-Control
7. Parents Skip the Season of Leadership and Move Right to Friendship



Video Example: Button Pushing and Button Busters



Video Example: Interactional Trauma Between Parent and Child

10:00 am – 12:00 pm
(2.0 hrs.)

Tools to Quickly Diagnosis and Treat Extreme Disrespect in Kids and Parents

- **Step 1:** *FST Motivational Technique:* How to Get Your Burnt Out, Angry, and Bitter Parents to Show-up and Cooperate to Stop the Disrespect



Video Demonstration: "Resurrecting Angry and Burnt Out Parents"

- **Step 2:** *FST Seed/Tree Technique:* Locate the Root Causes of the Child's Disrespect

- **Step 3:** *FST Playbook Technique:* Using Contracts and Button Busters



Video Demonstration: "An Absent Father, a Belt Buckle, and a Contract"

- **Step 4:** *FST Dress Rehearsals:* How to Change the Disrespect Dance



Video Demonstration: "It's Not What You Say, It's How You... "

A Time for In-Depth Q & A (Question & Answer) with Dr. Sells

Learning Objectives

You will learn how to:

1. Locate the Top 7 Causes of Extreme Disrespect and how to immediately apply this specialized knowledge to your cases
2. Evaluate how extreme disrespect is caused by an imbalance of love or limits, an upside-down hierarchy, and family trauma using the FST| Family Systems Trauma Model.
3. Locate “undercurrents” or the hidden causes of a child or adolescent’s extreme disrespect to know where to tap to intervene at a root level.
4. Integrate a 7-question FST motivational technique to motivate even your toughest parents to show up and see disrespect as a family problem to solve and not just a “fix my kid” problem.
5. Utilize step-by-step FST tools, scripts, and handouts to quickly heal the extreme disrespect in the child but also the fallout of trauma within the entire family.
6. See and treat extreme disrespect from a family systems lens through watching actual video case studies. Videos will be paused at strategic points in the session so that that you can be part of the story, ask questions, and replicate the tools with your cases the very next day at work.